

December 17, 2020

Attn: All OUAVM students, faculty, and staff

Director, Crisis Management Office

Information regarding the handling of COVID-19 infections and other related situations during the year-end and New Year holidays

The following information is guidance for handling COVID-19 infections and other related situations between December 29, 2020, and January 3, 2021. Please refer to this information and act accordingly.

1. In the event you become infected with COVID-19 or have been in close contact with someone infected with COVID-19:

In addition to following the instructions given by the Hokkaido COVID-19 Health Counseling Center (北海道新型コロナウイルス感染症健康相談センター Tel. 0800-222-0018; toll-free and available 24 hours a day, seven days a week), students should immediately contact their academic advisor or another such faculty member. Faculty and staff should contact their department chair or supervisor, followed by the Security Guard Office (Tel. 0155-49-5253). Once the infected individual has filled in all of the required information and details (e.g., symptoms, contact information, activity history) they should submit their completed [COVID-19 Case Report Form](#) as well as [COVID-19 Investigation Forms \(Attachments 1 and 2 to the COVID-19 Case Report Form\)](#) to the university (students: Student Services Section and International Student Office [sien@obihiro.ac.jp/rgk@obihiro.ac.jp]; faculty and staff: General Affairs Section [soumu@obihiro.ac.jp]). Meanwhile, those who have been in close contact with an infected person should monitor their health and, in principle, stay home..

2. If you feel unwell:

The Health Care Administration Center will be closed; please seek medical attention at a nearby clinic or hospital. Follow the doctor's instructions if you have any cold-like symptoms (e.g., runny/stuffy nose, sore throat, cough, phlegm, fatigue) with or without a fever. If you are experiencing shortness of breath, extreme fatigue, high fever, or other severe symptoms, please consult the Hokkaido COVID-19 Health Counseling Center.

Reference: If you suspect you are infected

<https://www.obihiro.ac.jp/corona-rikan-en>